Reflecting on your challenging and rewarding leadership moments
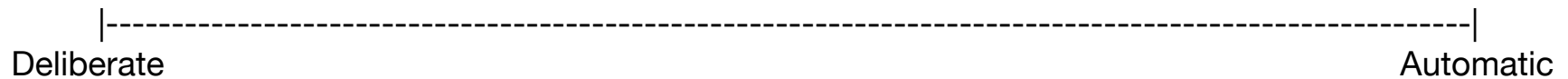
Use the "dot" to place your challenging moments on each continuum
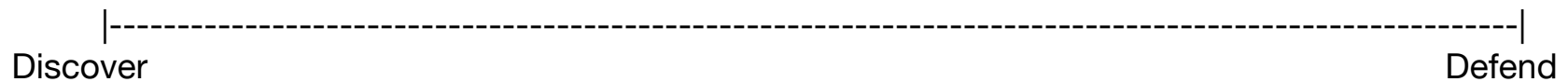
Use the "star" and to place your rewarding moments on each continuum.

1. Two System Brain

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Deliberate   Automatic

2. Discover-Defend Axis

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Discover   Defend

3. Mind-Body Loop

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Mind   Body