



## The Role of Principals in Leading the Implementation of Personalized Learning: How to Approach Your Work More Mindfully

### Presenters

Ted Hall, Senior Associate, Great Schools Partnership | [thall@greatschoolspartnership.org](mailto:thall@greatschoolspartnership.org)

Becky Wilusz, Great Schools Partnership | [bwilusz@greatschoolspartnership.org](mailto:bwilusz@greatschoolspartnership.org)

### Outcomes

1. Identify personal leadership strengths and challenges;
2. Define key areas and influences on the work and success of a principal;
3. Reflect on and identify ways to use key findings from positive psychology, neuroscience and mindfulness to improve efficacy.

### Agenda

Introductions

---

Examining Leadership Moments

---

Implications of Behavioral Research for the Principal

---

Vulnerability and Courage

---

The Role of Mindfulness in Leadership

---

Reflection and Goal Setting

---

Closing and Commitments

**Session Materials:** [greatschoolspartnership.org/nessc16\\_principals/](http://greatschoolspartnership.org/nessc16_principals/)

**Session Evaluation:** <https://fs19.formsite.com/GSP1/nessc16-gsp3/index.html>